

June/July

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
JCH		June 28 Spaghetti and Meatballs, Broccoli, Fruit, Bread and Juice	June 29 Macaroni & Cheese, Hard –Boiled Eggs, Salad, Bread, Fruit and Milk	June 30 Chicken Nuggets, Rice, Corn, Fruit, Bread and Juice	1 Pizza, Salad, Fruit and Milk	2
3	4 CAMP CLOSED	5 Fish Sticks, Mashed Potatoes, Salad, Fruit, Bread and Milk	6 Baked Ziti, Hard-Boiled Eggs, Salad, Fruit, Bread and Milk	7 Hamburger, Bun, French Fries, Sliced Tomatoes, Fruit and Juice	8 Pizza, Salad, Fruit and Milk	9
10	11 Hot dogs, Bun, French Fries, Corn on the Cob, Fruit and Juice	12 Cheese Ravioli, Hard-Boiled Egg, Salad, Fruit and Milk	13 Cheese and Potato Bourekas, Pasta, Corn, Fruit, Bread and Milk	14 Baked Chicken, Rice, Broccoli, Fruit, Bread and Juice	15 Pizza, Salad, Fruit and Milk	16
17	18 Chicken Shawarma, Rice, Salad, Fruit, Bread and Juice	19 Potato Knish, Hard-Boiled Eggs, Salad, Fruit, Bread and Milk	20 Baked Fish, Pasta, Salad and Juice	21 Hamburger, Bun, French Fries, Sliced Tomatoes, Fruit and Juice	22 Pizza, Salad, Fruit and Milk	23
24	25 Spaghetti and Meatballs, Salad, Fruit, Bread and Juice	26 Macaroni & Cheese, Hard –Boiled Eggs, Salad, Bread, Fruit and Milk	27 Fish Sticks, Mashed Potatoes, Salad, Fruit and Milk	28 Hot dogs, Bun, French Fries, Corn on the Cob, Fruit and Juice	29 Pizza, Salad, Fruit and Milk	30
31						

2022